His Eminence Sangye Nyenpa Rinpoche was born in 1964 near Paro Taktsang in Bhutan. He is the 10th incarnation of the famous Yogi Sangye Nyenpa Tashi Paljor (1457-1525), who was among the closest disciples of the 7th Karmapa (1454-1506) and the root guru of the 8th Karmapa (1507-1554), and was recognized as such by the 16th Karmapa. He was brought up in Rumtek Monastery by the Karmapa, the Tenga Rinpoche and many other masters and had a particularly close relationship with Dilgo Khyentse Rinpoche. He completed 10 years of studies at the Nalanda Institute in Rumtek and obtained the title of an Acharya. Thereafter he has taught at the Institute for 3 years. Together with Tenga Rinpoche, he has restored the Benchen Monastery in eastern Tibet and established a Shedra (monastic university) in Pharping. Currently, he is one of the most learned Rinpoches in both philosophy and tantric rituals. He has traveled extensively in Asia and occasionally in Europe. More at www.benchen.org.

His Eminence Tenga Rinpoche was one of the few living meditation masters who held the unbroken lineage of the Karma Kagyu tradition of Tibetan Buddhism. Born in Eastern Tibet in 1932, he was recognized and ordained as the 3rd Tenga Rinpoche by the previous Situ Rinpoche. He was an expert in tantric rituals, mandala painting and sculpture. In 1959, he left Tibet for India and settled in Rumtek Monastery, where he served the 16th Karmapa for seventeen years, nine of those years as Vajramaster. In 1976, he moved to Swayambhunath, Nepal, and in 1986, he established the second Benchen Monastery there. He founded a retreat center in Pharping and visited Europe and far-east and south Asia regularly. In March 2012, he passed away at Benchen Monastery in Kathmandu.

Nyima Dhondup, born on 14th December 2014, has been recognized and enthroned as his yangsi (reincarnation) following the indications of the 17th Karmapa in 2017. More at www.benchen.org.
Nepal suffered a magnitude 7.9 earthquake and a number of aftershocks in April 2015. The Benchen Phuntsok Dargyeling Monastery in Kathmandu, Nepal (which is the seat monastery of His Eminence Sangye Nyenpa Rinpoche and Tenga Rinpoche) are severely damaged by the earthquake, especially Maitreya Shrine Hall building. The attached video of Benchen Monastery after the earthquake was recorded on May 23, 2015 by the re-construction committee. Please refer to link: https://youtube.com/watch?v=eyiFyrHLFzs.

After exploration by local engineers, the structure of the Maitreya Shrine Hall as well as the Monks’ Quarters were certified to be unsafe as they had been seriously damaged (see report on left).

His Eminence Sangye Nyenpa Rinpoche and the project committee decided to reconstruct The Maitreya Shrine Hall and the Monks’ Quarters (see letter on right).

The Monks’ Quarters will be the 1st phase of the project so as to properly settle the monks as soon as possible. The Maitreya Shrine Hall will be the 2nd phase of the project.

The Benchen Monastery has been already bearing high operating cost for food and healthcare of Lamas, salaries for paid staffs like teachers, chefs and workers, etc, all along. While getting some funding from The Lotus Direkthilfe (a non-profit charity trust), the Monastery has to shoulder heavy financial responsibility through donations collected during Dharma teachings, empowerments, and pujas by His Eminence Sangye Nyenpa Rinpoche at Benchen Monastery, Kathmandu, Nepal and limited profit from the Benchen Vihar Guest House and Café.

The Monastery does not have sufficient funding required for the reconstruction project, and would have to appeal for your kindness and generosity to help The Monastery to reconstruct The Maitreya Shrine Hall and the Monks’ Quarters.
In September 2020, there will be 4 months of “The Rinchen Terdzo Empowerment and Teaching” by His Eminence Sangye Nyenpa Rinpoche. The project need to be finished before August 2020 for Puja Venue.

**“The Rinchen Terdzo”** is a treasury of rediscovered teachings compiled by Jamgon Kongtrul the Great (1813-99). These teachings were transmitted by Padmasambhava through revelation of spiritual treasures to much later masters.

Active participation in a tantric initiation with a fully qualified teacher is the start of a life-long commitment to improving oneself, and working to benefit all beings. It brings together spiritual communities and promotes social harmony and peace.

**Benchen Buddha Maitreya Project Committee Members:**

- **Chakzo Tashi Öser**
  Project Manager
  Mobile: + 977 9808257190

- **Khenpo Karma Woesung**
  Committee Member
  Mobile: +977 9803995437

- **Lopon Dondup Tashi**
  Secretary & Vajra Master
  Mobile: +977 9813578898

- **Lama Zopa Gyatso**
  Committee Member
  Mobile: +977 9808258517
April 2016 - The hall was demolished for safety concerns. It is now planned to be rebuilt in two phases: Monks’ Quarters and Maitreya Shrine Hall. Facilities will include quarters, pavilion, classrooms, study rooms, communal kitchen, monastery office, etc.

May 15, 2018 - His Eminence Sangye Nyenpa Rinpoche presided over the ground breaking ceremony held by the senior monks.

July 2018 - The foundation was grouted and consolidated. The steel and cement used for foundation structure are of the required quality materials so as to withstand earthquake damage in future.

August 2018 - The second floor of the building is completed. In order to prevent the cement from coagulating when it is solidified under the hot weather, lamas and the workers are required to sprinkle water regularly to ensure a certain humidity. The concrete is solidified in the normal state.

December 2018 - Building has been built to the third floor, and the construction of the monks’ quarters and the other wall is about to begin.

Early January 2019 - Works on building the compartment walls for the monks’ quarters already begun.
We invite you to kindly support and make donation to

“Benchen Buddha Maitreya Project”

By being a part of the “Benchen Buddha Maitreya Project” through funding or contributing to it, in cash or in kind, one continuously generates and accumulates good merits as long as the temple remains for the benefits of all.

The Buddha taught that one of the supreme means of accumulating merit and wisdom through the body, speech, and mind is by building monasteries and teaching centers.

A Monastery is not just a place that shelters sacred statues, scriptures, and sangha, but also a place where the sacred teachings of the Buddha are being taught to benefit so many.

A place where actual healing of the mind begins.

It is not a place where only one person comes but thousands will gather.

It is not where only one person teaches but many great teachers will teach.

Peerless benefit of making the teachers and the Dharma available continues not for one day or a year, but for generations. And within those generations, a person would create many more great mountains of merit. The mountains of their merit would be countless, and beyond all calculation.

Benchen Phuntsok Dargyeling Monastery,
P.O. Box 2072, Swayambhu -15,
Chhauni Hospital Road 497,
Kathmandu, NEPAL

Facebook: Benchen Buddha Maitreya Project
Email: benchen.maitreya@gmail.com
Website: www.benchen.org
You can also contact the following Centres, Lamas or Volunteers for support and offering this project, upon which they will provide you with an official receipt.

*To ensure the transaction is properly recorded, please ask for a receipt to be issued.*

**Benchen Karma Tegsum Tashi Ling, Italy**
Resident Lama: Lama Jampal
Contact No: + 393463592908
(+ 39045988164)

**Benchen Gatshal Ling, Tainan, Taiwan.**
Resident Lama: Lama Lodro Samphel
Contact No: +886-937753319 (+886-62752420)
Email: llodro_27@yahoo.com

**Benchen Phuntsok Ling, Belgium**
Resident Lama: Lama Ngawang Tsaltrim
Contact No: + 491605234569

**Benchen Karma Choelng, Singapore**
Resident Lama: Lama Gyurme Tenphel
Contact No. +6596115404

**Benchen Karma Kamtshang Ling, Malaysia**
Secretary of centre: Mr. Law
Contact No.: +6019-7793455

**Indonesia: Lama Thekchok Tenphel**
WeChat ID: lamathekchok

**Hong Kong Volunteer of Benchen**
Ms. Winsom Tsui : + 852-6821 6188
Ms. Michelle : + 852-6587 2855
Whatsapp : + 852-6587 2855 or + 852-6821 6188
WeChat : + 852-6587 2855
WeChat ID : Benchen_BMP

**Lotus Direkthilfe e.V., Germany**
Tel.: + 49(0)221 60 83 81
e-mail: lotusdirekt@benchen.org

**Benchen Karma Kamtsang Centre, Poland**
Resident Lama: Lama Rinchen
Contact No: + 48601303153

**Benchen Karma Kamtshang Ling, Malaysia**
Secretary of centre: Mr. Law
Contact No.: +6019-7793455

**WeChat ID**

**Lotus Direkthilfe e.V., Germany**
Tel.: + 49(0)221 60 83 81
e-mail: lotusdirekt@benchen.org

**Wire transfer to account of Monastery:**
Benchen Phuntsok Dargyeling Monastery
A/C No.: 01915118606
Swift Code: SIDDNPKA
Siddhartha Bank Limited
Address: Ward No: 15, Swayambhnu, Halchowk, Kathmandu, Nepal

**All the offering will be used for the Benchen Buddha Maitreya Project**
Appendix I

Report by the engineers

Subject: New shrine building and garage building.

Dear Sir,

The shrine building as well as monastery area is repaired several times after Bhaktapur earthquake on 25th April 2015 and 12th May 2015. I found that the structure of the building is not enough for further structural loads. So, if you think the structural loads of the buildings and soil test report with this letter as a reference.

Thank you,

Report by

Prepared by:

Name: Ajay Khadka

KRISNA NANDA ENGINEERING CONSULTANT PVT. LTD.

Preliminary Cost Estimate of the Project

Date: 01-07-2018

<table>
<thead>
<tr>
<th>Sno</th>
<th>Description</th>
<th>Unit</th>
<th>Quantity</th>
<th>Rate per Sqft</th>
<th>Amount</th>
<th>USD</th>
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<tbody>
<tr>
<td>1.</td>
<td>Maitreya Buddha shrine building (3 floors)</td>
<td>Sqft</td>
<td>15700</td>
<td>6,200.00</td>
<td>97,340,000.00</td>
<td>1,346,800.00</td>
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<td>2.</td>
<td>Chham and VIP Rooms Building</td>
<td>Sqft</td>
<td>12321</td>
<td>4,000.00</td>
<td>49,284,000.00</td>
<td>704,512.00</td>
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<td></td>
<td>Sub Total</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>Project Management Cost @ 15% of A</td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Total</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td>Monks’ Residential Building (3 Blocks)</td>
<td>Sqft</td>
<td>27550</td>
<td>4,500.00</td>
<td>124,155,000.00</td>
<td>1,797,670.00</td>
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<td></td>
<td>Project Management Cost @ 15% of Item 3</td>
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<td></td>
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</tr>
<tr>
<td></td>
<td>Total</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Grand Total Project Cost (B+D)</td>
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</tbody>
</table>

Remarks:
* Exchange rate is 106 as at July 2018
* The Project Cost is projected at exchange rate and market price as at July 2018
* Final cost will be subject to changes in exchange rate as well as annual inflation (estimated to be 10% per annum).
Letter of the approval signed by HE Sangye Nyenpa Rinpoche & the project committee to confirm the re-construction project.

Appendix II

Benchen Monastery, Swayambhu, - progress report:

Following our last report about the affects of the earthquake here at Benchen Nepal, we would like to inform all our friends on the report of the soil testing and the advice obtained from the experts who examined the buildings.

Three significant problems concerning the Maitreya Shrine Hall building were identified by our main engineering consultants, Ridarc Nepal Pvt. Ltd.

1. The soil test was done to a depth of more than fifty feet, and is applicable in our undulating site, to an area with a radius of 162 feet from the drill site.
2. The soil as tested was identified as black clay with silt and sand mixed from 2 feet to 49 feet depth. We have been advised that this soil type, while not being in the worst category, is not of the best type needed to support the building.
3. Twelve supporting columns are badly damaged.
4. The building is tilting on an incline of more than two feet, and is still moving.

While the technology exists in Nepal to retro-strengthen the damaged pillars, the technology required to jack up the tilted section of the building, to make it safe and able to withstand any further earthquakes that may occur in future, is not available in Nepal. Concerning the soil type, there is a chemical soil treatment available in Nepal that will strengthen the soil and make it suitable to support the building; this however, cannot be done with the current building in place.

The Government Municipal Engineer and the Monastery management and Development Committee Engineers also examined the buildings and found the Maitreya Shrine Hall and butter lamp house buildings to be unsafe and in danger of falling. Both these authorities have directed us to demolish these two buildings. The remaining Benchen buildings that are damaged can be satisfactory repaired.

The Benchen Community held a general meeting on the 10th of June in order to discuss the situation and reports from the experts. It was unanimously agreed that the Maitreya Shrine Hall and the butter lamp house buildings should be demolished, and that the Maitreya building be rebuilt in the same position, following the soil treatment mentioned above. It was further agreed that rebuilding will be done according to advice from architects, in order to make them able to withstand any future earthquakes. This will take place as soon as funds become available.

Benchen Sangha Committee unanimously entrusted the task of fundraising to Chakzo Tashi Oser, Khenpo Wosung, Lopon Dondup Tashi and Lama Zopa Gyatso. To this end, a new Bank account has been opened so that whoever wishes to make financial contribution toward this project can be possible through this bank account.

Bank Name: Siddhartha Bank Limited.
Beneficiary Name: Benchen P.D. Monastery
Account Number: 01915118606
Address: Karkhana Chowk, Ward No. 15, Swoyambhu, Kathmandu, Nepal
Swiftcode: SIDDNPAAK

You are kindly requested to contact them at this email address benchen.maitreya@gmail.com before making any transfer.

Signed by: Abbot: H.E. Sangye Nyenpa Rinpoche
Khenpo Sonam Gyurme
Lopon Tsubtrin Rabten
Secretary-General Sherab Wangchuk

Chakzo Tenam
Chair person: Chakzo Tempa Yarphel
Chakzo Tashi Oser

(Opposite Army Hospital), Swayambhu, Chhauni Hospital Road 497, Kathmandu, Nepal
Tel.: 4276143, Fax: 977-1-4270581 • E-mail: benchen@mail.com.np • Website: www.benchen.org
Mailing Address: G.P.O. Box 2072, Kathmandu, Nepal